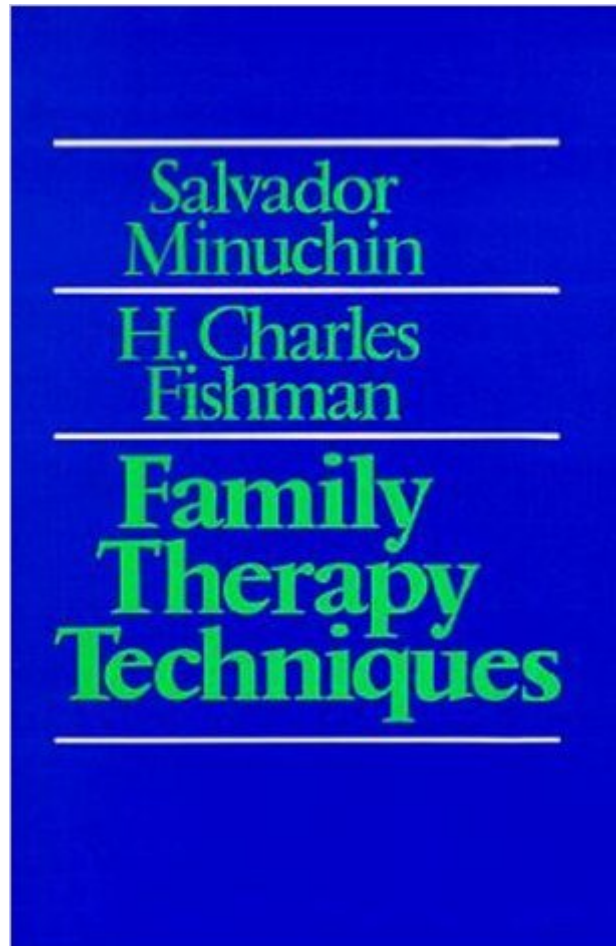


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# Family Therapy Techniques



## Synopsis

A master of family therapy, Salvador Minuchin, traces for the first time the minute operations of day-to-day practice. Dr. Minuchin has achieved renown for his theoretical breakthroughs and his success at treatment. Now he explains in close detail those precise and difficult maneuvers that constitute his art. The book thus codifies the method of one of the country's most successful practitioners.

## Book Information

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Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (25 customer reviews)

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## Customer Reviews

Minuchin is a master not only of the art of Family Therapy, but of informative prose as well. Very specific techniques for responding to a range of family dynamics are presented along with relevant theory and poignant vignettes. Though developed in the 1970's, Minuchin's vision for sparking change by "joining" and then working from within families remains powerful and relevant. The techniques in this well written manual resemble those of the modern Narrative Therapy movement, but are presented in a fashion both accessible to the Family Therapy novice and useful to the seasoned professional.

I love this book! Bought it used with a bunch of other psychology books, didn't think much of it, but it turned out to be not only very useful, but very enjoyable to read. Minuchin is one of my very favorite therapists to watch and to read about, this book is like having him sit with you and explain his theories in detail. It is filled with case examples and transcripts of actual sessions. Not sure the book

is going to turn me into a "master" like him, but it makes me feel like I have a few more very helpful tools in my family therapy toolbox! Highly recommended!

The Book Family Therapy Techniques is an excellent tool for new counselors. The book provides numerous family situations with an array of treatment approaches that a therapist can use to assist families. The various techniques used by the therapist help them improve relationships between parents, siblings, grandparents and children.

Another great book on Structural therapy. When Minuchin writes, it feels like he is speaking directly to you. Not many books are both educational and enjoyable, but his are. If you are interested in studying Structural, you want this book.

If you are a MFT graduate student, this Minuchin is a must-have reference. Why settle for someone's theory about Minuchin; learn first-hand. A graduate student's guide to better grades!

I found it a really stimulating and helpful introduction to family therapy. I am regularly confronted with this kind of situation in my hypnotherapy practice and i need to deepen my understanding in this domain. Minushin certainly does this in his book. Thank you to him

Minuchin is a genius therapist, but also writes in a way that makes it easy to learn his structural approach. Definitely a must read for all family therapists.

This text was easy to read, and was surprisingly fun to read. I learned so much about techniques that I can use in my future practice.

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